



Background: Extend the Care Home ACP Champions ECHO Network include new ACP champions as the '7 Steps to ACP for Care Homes' process was introduced to more care homes.

Aim: To support ACP champions with the '7 Step Process' and provide space to share and reflect on successes and challenges with ACP for residents and families.

8

Care Homes

4

ECHO Sessions **15**

15 RN & Care workers

8

Case Studies

Benefits reported by care home staff



100% felt session were well facilitated



100% found sessions enjoyable



75% said they learned something new

<u>Topics</u>

- · When to approach ACP discussions?
- · What is my role?
- What do we do when families change their mind about ACP decisions?
- DNACPR
- · Looking after ourselves

<u>Presenters</u>

- ACP Facilitator
- GP
- Hospital Palliative Care Consultant
- Hospice Consultant

Impact on Practice

Collaboration with St. Columba's Hospice and Project ECHO enabled shared learning, reflective practice and peer support, which would otherwise not have been possible given the demands on care home staff and was a critical factor in the success of the ACP improvement programme' (Edinburgh Health & Social Care Partnership, Long Term Conditions Programme, ACP Team 2019).



